

Two trainers from Hólar, Iceland at Neðri Bakki in Auckland

Neðri Bakki will host two highly educated trainers, Guðbjörg Matthíasdóttir and Ólöf Rún Guðmundsdóttir, on site for training Icelandic horses and/or riders. They will stay with us from 11 November to 8 December 2015. Both Guðbjörg and Ólöf have been riding and training horses since early age. They have professionally trained Icelandics since 2006. They graduated in 2015 with a Bachelor of Science in Riding & Riding Instruction from Hólar University in Iceland, the official center for education and research in horse-breeding and horsemanship (<http://iceryder.net/holar.html>.)

Guðbjörg has worked as a trainer and instructor in Denmark 2009 and was Assistant trainer for Mette Mannseth (2012), Anton Páll Níelsson (2013) and Sigurbjörn Bárðarson (2014). She competed at Landsmót in 2012 in the young adult class.

Ólöf has worked as Assistant trainer for Sigurður Óli Kristinsson (2010, 2011), Sigurður Sigurðarson (2014) and as a riding teacher at the riding club Máni (2015). She was Icelandic champion in fivegait 2009, reached the Landsmót final as well as the Icelandic championship finals.

Three different options for training with Guðbjörg and Ólöf

You will have the following options to make use of Guðbjörg's and Ólöf's knowledge and expertise while they are at Neðri Bakki:

3-week training of your horse

From 13 November Guðbjörg and Ólöf will take horses in training that will take place at Neðri Bakki Icelandic Horses Stud. You will clarify the training objectives directly with Guðbjörg and Ólöf in the beginning of the programme. Is it about improving tölt, flexibility, subtleness, straightness, transitions or something else? You will have the opportunity to talk to them and agree on what can be achieved in the period. Your horse will be trained 6 times a week and get 1 day off.

3-day workshop – December 4, 5, 6

The workshop will cover various issues around training your Iceland horse and will allow for the opportunity to have individual sessions tailored for your particular needs and wishes. The workshop will cater for all levels of needs - from the more basic issues around preparing for tölt to refinements in terms of how your horse is performing in tölt, e.g. lift, beat, and speed. Depending on individual needs, the workshop will also cover issues, such as preparation for tölt training, improving the tölt by using transitions and speed changes, controlling the topline of the horse, and lateral movements.

All participants will get tailored exercises for themselves and their horse to improve tölt and tölt transitions. The rider learns a step-by-step approach to teach the horse how to do tölt exercises and how to incorporate these exercises into the day-to-day training.

The workshop will be a combination of individual sessions and short presentations of different topics and new perspectives on training Icelandics.

Individual sessions

If you are not living too far away from Neðri Bakki, Pukekohe, you can also book individual sessions with either Guðbjörg or Ólöf during the period they are with us.

Prices

Horses in training: 160\$ per week plus 10\$ per day boarding fee

Workshop: 185\$ per person

Individual sessions of 50 min., anytime from 13 November to 3 December: 45\$

How to book or request more information

Please send an e-mail to husted.kenneth@gmail.com or info@icehorse.co.nz